



Your situation

Is your partner hitting, threatening or verbally abusing you? Or controlling everything you do? Does he say he will kill you or take your children away from you? Are your children suffering too? Or are you being ill-treated by other members of the family? Do you sometimes think of leaving home because you can't live go on living like this - but you stay because you don't know what to do or where to go?

Your rights

You have the right to leave home – with your children – if you are living in a dangerous situation. You can go to the women's refuge, even if you have no money. The victims' aid association or the responsible welfare office will provide financial support if necessary. We will discuss the financial situation with you.

The women's refuge offers you

Telephone advice: you can contact us round the clock on telephone No. **041 360 70 00**. We will listen to you, offer advice, provide addresses of doctors, counsellors and lawyers, or help you make plans to come to the women's refuge.

Protection and safety: We will provide temporary accommodation and assistance.

The address of the women's refuge is kept secret.

At the refuge, you will have time to think about your future. Experienced, professional women will be there to give you information, advice and support.

You will be living with other women and children who have come through similar experiences. The women's refuge offers accommodation for adult women (with or without children), regardless of nationality and income.

Important

When you come to the women's refuge you should, if possible, bring any medical reports, identity papers and bank cards as well as your most important personal possessions, including your child's favourite toy and school kit!